

Directions to the Old Dominion University Athletic Administration Building from the Interstate

FROM THE NORTH: Highway 13 down the Eastern Shore, and through the Chesapeake Bay-Bridge Tunnel (\$10 toll). Follow 13 (Northampton Blvd.) until you cross over Military Hwy. onto 166 (Princess Anne Rd.). Stay on Princess Anne until you reach Hampton Blvd. Turn right onto Hampton Blvd. then left onto 43rd St. Turn Right on Elkhorn Avenue and the parking lot for the Wrestling Complex will be the first one on your left.

FROM THE SOUTH: I-95 North to U.S. 58 (Emporia, Va.) or I-85 North to U.S. 58 (South Hill, VA). Follow U.S. 58 East to Norfolk. Cross the Berkley bridge and bear left. Turn right onto St Pauls Blvd. Follow to Brambleton Ave. and take a left. Brambleton turns into Hampton Blvd. by the hospital. Take Hampton Blvd. to 43rd street and turn left. Turn Right on Elkhorn Avenue and the parking lot for the Wrestling Complex will be the first one on your left.

FROM THE WEST: I-64 East through the Hampton Roads Bridge-Tunnel. Take Terminal Blvd. exit (#276). Approximately 2 miles turn left onto Hampton Blvd. Approximately 4.25 miles, turn right onto 43rd St. Turn Right on Elkhorn Avenue and the parking lot for the Wrestling Complex will be the first one on your left.